



# INTEGRATED REIKI™ TRAINING

## Levels One & Two Certification

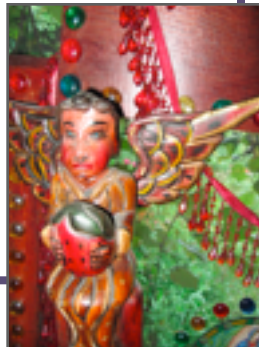
Friday, 6pm thru Sunday, 1pm

at True North Holistic Center & Retreat House , Hubbardston, MA

Energetics Training from  
**EVOKING ALCHEMY, LLC**

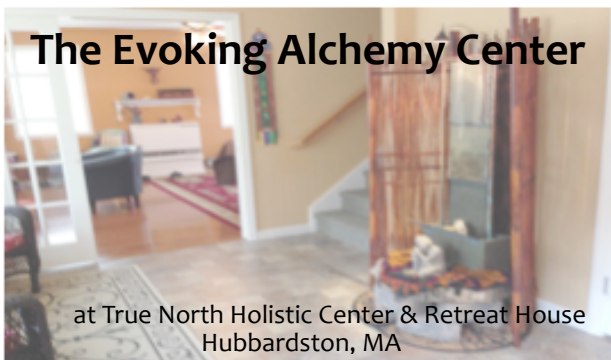
Integrated Reiki™ is a holistic practice grounded in traditional Reiki teachings and expanded with advanced teachings in energetics, the human energy body and personal mastery.

Integrated Reiki™ (IR) as a holistic practice is used to calm and balance the energetic charge of presenting conditions. The calming and balancing effects of IR can facilitate the body in its own capacity to regulate and heal itself. IR can also assist to discharge intense emotional conditions to foster emotional wellbeing, and IR can facilitate the quieting of an over-stimulated mind toward clarity of thinking and action.



How you are *energetically* matters in every moment, every experience, every encounter of your life.

### The Evoking Alchemy Center



at True North Holistic Center & Retreat House  
Hubbardston, MA

[WWW.EVOKINGALCHEMY.COM](http://WWW.EVOKINGALCHEMY.COM)

## Course Description

This weekend experience will train you in Integrated Reiki™ Levels One and Two and give you experiences and tools for deepening your understanding and capacity to embody and practice wholeness, wellness and healing to benefit yourself and others. Beyond the fundamentals of traditional Reiki training, you will learn and experience a series of energetic practices that will bring you into a direct and aware encounter with the human energy body. Through practices of self-discovery you will open onto your own deep wisdom that supports and guides you as you bring your gifts to the world.

The training will incorporate the following disciplines in 20 session hours:

- Traditional Reiki fundamentals are incorporated into the initiatory teachings of Integrated Reiki™ . You will learn to practice Integrated Reiki in a private setting for yourself, friends and family. IR 1&2 also prepares you for the deepening that occurs in Advanced and Master Integrated Reiki trainings.
- Chakra Clearing and Balancing will give you a direct experience of your own energy body and how to keep it healthy in support of your Integrated Reiki™ practice and your life.
- Breema® bodywork is a practice for self-understanding that will give you tools for developing profound, integrated presence.
- Journeying will offer you deep insight toward self-understanding and build your capacity to tap into the spiritual support that is available to you at all times.
- Guided encounters in the outdoors where organic wisdom meets psychic wisdom to open and deepen your understanding of your own unique, intuitive intelligence.

The successful completion of the 1&2 training fulfills the prerequisite for advanced Integrated Reiki™ training and prepares participants to practice traditional and Integrated Reiki™ in a private setting in a nonprofessional capacity.

## GRADUATE TESTIMONIALS

"The experiential aspects of the class were substantially more, and different than I had received in another [energetics] class several years ago. For me, it was quite impacting... The ability to interpolate and change based on the energetic needs of the [class at the moment] are quite paramount and I felt you handled that beautifully..."

---Rick

"I flew half way around the world to be in a workshop with Margaret and M'Liss as my guides. I knew before I stepped foot on the plane that I would have a rich experience but what actually occurred went so far beyond my wildest dreams. The course was juicy with information, technique, experience, ritual and that extra something that happens when a group gels to transcend time and space. Thank you from the bottom of my heart."

---Kelly

"Thank you both for a spirit filled weekend. The teachings had a mysterious element that continues to reveal itself. I felt a beautiful heart connection with the group. The last council sharing was particularly poignant. Throughout the weekend, the food was delicious. I'd be interested in more trainings."

---Mark

"There are no words to express what a profoundly altering experience it was for me to be not only the grateful owner of the retreat space where Margaret and M'Liss led a recent Integrated Reiki Training, but also a participant in the class."

What I learned and experienced through their gentle, wise teaching will forever change and enrich my life. They are a joy to be around, they are firmly grounded, they have deep knowledge and experience with Energetics, they respect their clients and students, and they manifest that spark of the divine Mystery for which all our souls long."

--- Merry Cole, owner, True North

Cost for the Training is \$450 which includes 20 session hours, meals and lodging. The number of participants is limited to 15.

**For more information please call or email:**

Margaret Thompson: 303-748-1218  
[margaretthompson@evokingalchemy.com](mailto:margaretthompson@evokingalchemy.com)

To register:

Send your contact information and special dietary considerations to:

[Registration@evokingalchemy.com](mailto:Registration@evokingalchemy.com)

A \$125 deposit will be due when we confirm your registration.

## TEACHERS

Margaret Thompson & M'Liss Calzaretta



Margaret is the co-founder of Evoking Alchemy and co-developer of Integrated Reiki™ and Dynamic Equilibrium™. She has trained in a variety of wisdom traditions related to healing, wellness, spiritual development and personal mastery. She is an Usui and Integrated Reiki™

Master Teacher, certified hypnotherapist, certified Breema® bodywork practitioner, rites of passage guide, personal coach and spiritual mentor. She supports persons toward wellness and the full expression of the extraordinary capacities and possibilities of human being.

Margaret has had a private practice and has been a practitioner at One Life Balance Natural Health Center in Denver, CO, a board member and staff member for Nine Gates Programs, Inc. and the Nine Gates Mystery Schools and a vision fast guide with the School of Lost Borders. Her education includes undergraduate work in political science and social history, graduate work in theology and religious studies, and professional education in various healing and wellness traditions, in life coaching and authentic leadership. Prior to 2004, Margaret had a career that spanned over 20 years in the U.S. corporate sector.



M'Liss is co-founder of Evoking Alchemy and co-developer of Integrated Reiki™ and Dynamic Equilibrium™. She is an energy practitioner and hypnotherapist who has integrated the use of a diverse mix of healing modalities, sound expression and physical movement into a rolling

wheel of healing practices. She operates on the belief system that every being has his/her own unique blueprint in the pursuit of energetic health. The goal of her practice is to combine one's humanness with spirit to bring about balance in one's earthly walk.

M'Liss has over twenty years of experience working with adolescents in the child welfare system, as well as physically disabled children and young adults. She has designed and implemented programs in areas ranging from behavioral management, sound and music therapy, movement therapy and boxing as a means of empowerment. She has a private healing practice in North Attleboro, Massachusetts and is on staff at Massachusetts Hospital School's Department of Complimentary Alternative Medicine.

- 🌱 Certified Hypnotherapist
- 🌱 Integrated Reiki Master Teacher - Level 3 (Usui & Karuna)
- 🌱 Nine Gates Graduate and Staff
- 🌱 Certified Reflexologist
- 🌱 Board Member True North Holistic Center & Retreat House
- 🌱 USA Certified Boxing Instructor/Trainer
- 🌱 Graduate of Awakenings Clairvoyant School
- 🌱 Graduate of Hearts of Shamanism
- 🌱 Initiate of She-matrix
- 🌱 Studied Acupressure Shiatsu at ATI Boston